

# DIVERSITY WITH CFG



## CFG RESIDENCY OUTREACH RESOURCE LIBRARY

NOVEMBER 2020



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**"CFG HEALTH NETWORK IS TAKING BIG STEPS  
TO IMPROVE COMPANY CULTURE."**

**By Carmelyn Vedar**

I work for a healthcare organization. And when you work for a company that cares about your physical, mental, and emotional health, you feel good. CFG Health Network is taking big steps to improve company culture. One way they have started this change is by acknowledging, appreciating, and celebrating diversity.

Today, I was part of the CFG Employee Cultural Diversity Open Forum. Headed by Senior HR Director, J.R. Brockman, Gary Nelson, MS, LPC, NCC, and Jeanine Miles, MS, LPC, CBC, employees were given a platform to discuss diversity in an open and respectful way. Attendees were there to voice concerns, brainstorm for solutions/improvements, or simply to listen and learn about the experiences of others.

**”PERSONALLY, I AM LOOKING FORWARD TO SEEING AND MEASURING HOW AN EMPHASIS ON ACCEPTANCE WITH RESPECT CAN TAKE OUR COMPANY TO THE NEXT LEVEL.”**

Denise Rahaman, Executive Director of Correctional Services, made an excellent point. She pointed out that by looking at the faces on our video call, you can see what a positive impact a diverse workforce can have on the success of an organization. Clinical Director, Joel Friedman, Ph. D., mentioned that differences can be better understood and respected if you can make the effort to first understand why there is a difference. More importantly, “to get to the why, you have to first tolerate the what”.

Personally, I am looking forward to seeing and measuring how an emphasis on acceptance with respect can take our company to the next level. CFG Health Network is such a diverse organization in just the various types of practices we offer and our different lines of business. But when you start working here, you will notice the great effort placed in making everyone feel like they belong. If you think about all the different beliefs, values, and personalities in your own personal circle, you know that these differences are what keeps us on our toes and makes life that much more interesting and sometimes entertaining. If you have a fun way to help celebrate diversity in the workplace, please share them with me! I would love to hear about it and perhaps spread the love with my work family.

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