



Virtua CASTLE treats children diagnosed with conditions, such as but not limited to:

- ❖ Attention deficit hyperactivity disorder
- ❖ Anxiety disorders, such as social or school phobia, obsessive compulsive disorder or generalized anxiety disorder
- ❖ Mood disorders including depression, bipolar and dysthymia
- ❖ Oppositional, defiant and conduct disorders
- ❖ Aggressive or abusive behaviors
- ❖ Emotional problems, including those resulting from abuse, divorce, abandonment or other life stressors
- ❖ Suicidal thoughts or self-abusive behaviors

Referral sources

Referrals for CASTLE may come from parents/guardians, physicians or other healthcare providers, Children’s Crisis Intervention Screening Services, Division of Child Protection and Permanency or the Family Court System. School personnel, including guidance counselors, school nurses and child-study team staff members, are also a major source of referrals. Children’s inpatient units may utilize CASTLE as a “step-down” to less acute services, and outpatient systems may utilize the program as a “step-up” to higher levels of intensity.



CASTLE

**Children Achieving Success through
Therapeutic Life Experiences**

CASTLE Camden

1000 Atlantic Ave.
Camden, NJ 08014
(856) 246-3013
Fax (856) 246-3453

Partial Hospitalization Program
Ages 5 to 15

Therapeutic Nursery Program
Ages 3 to 4

After-School / Intensive Outpatient Program
Ages 5 to 12

Outpatient Program
Ages 3 to 17

CASTLE Berlin

100 Townsend Ave.
Berlin, NJ 08009
(856) 322-3270
Fax (856) 322-3271

Partial Hospitalization Program
Ages 5 to 12

Outpatient Program
Ages 3 to 17

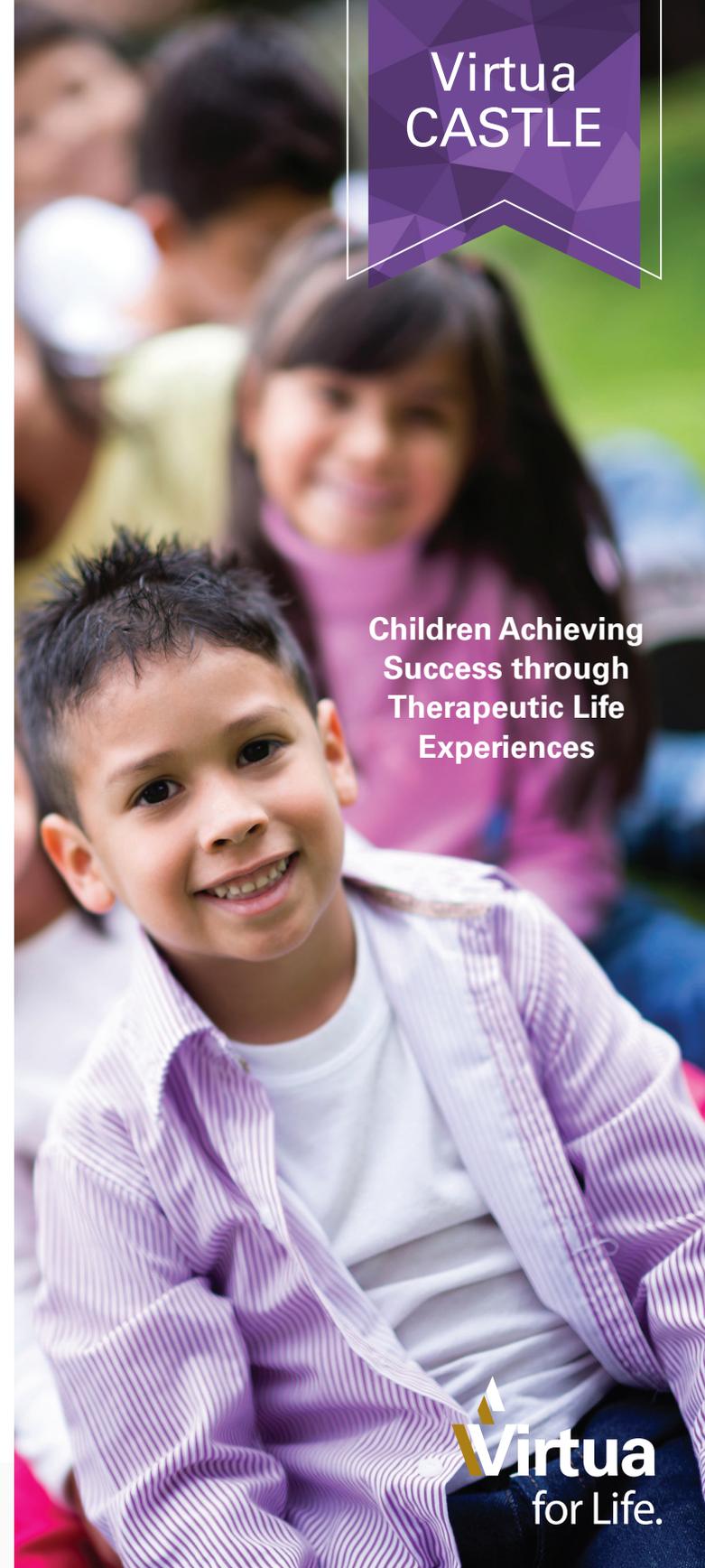


Virtua.org/Castle

1-888-VIRTUA-3

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**Virtua
CASTLE**



**Children Achieving
Success through
Therapeutic Life
Experiences**



Comprehensive behavioral health services for children and adolescents

CASTLE helps build better lives for children.

If your child suffers from mild to severe emotional or behavioral issues, Virtua CASTLE (Children Achieving Success through Therapeutic Life Experiences) can help. The program's mission is to provide high-quality mental health services to children having difficulty functioning successfully in a social environment, home or school.

Our Services

Our staff works with each child and family to create clinically based treatment goals, which are met with a personalized combination of the following approaches:

- ❖ Individual psychotherapy
- ❖ Family therapy/education
- ❖ Group therapy
- ❖ Psychiatric evaluation
- ❖ Medication therapy
- ❖ Behavior modification system
- ❖ Academic programs (excluding outpatient and after-school programs)

Our staff can also help children and families reconnect with their local school system or other social services.

We are open year-round, Monday through Friday. In most cases, door-to-door transportation is provided, as are nutritional needs.



Levels of Care

Virtua CASTLE offers three levels of care to best suit your child's individual needs.

Partial Hospitalization Program

Children attend this full-day, short-term program during typical school hours and receive a complement of intensive therapeutic and academic services. Additionally, CASTLE offers a **Therapeutic Nursery** that services three- and four-year olds. Comprehensive mental health and academic services are provided.

After-School / Intensive Outpatient Program

Children attend this half-day, short-term program after school and receive comprehensive mental health services.

Outpatient Program

Children who attend this long-term program meet with a clinician/therapist approximately once a week for individual and/or family therapy to help identify and work on issues related to home, school and social situations. Additional services include group therapy, monthly medication management and psychiatric evaluations with a psychiatrist and/or advanced practice nurse.

Family involvement

Family participation is critical to the treatment process. Family members are expected to be actively involved in the child's treatment. Attendance of at least one family meeting per week is mandatory for partial hospital care and every other week for the after-school programs. Families are educated on various topics such as conditions, medications and strategies to best help their children.



The Treatment Team

Members of the CASTLE team are committed to helping children understand and cope with the challenges that brought them into treatment. In collaboration with the Center for Family Guidance, the treatment team consists of:

- ❖ The child
- ❖ The family
- ❖ A board-certified psychiatrist
- ❖ Psychiatric advance practice nurses
- ❖ Master-level clinicians/therapists
- ❖ Program counselors (excluding outpatient program)
- ❖ Academic instructors (excluding outpatient and after-school programs)

Easy access to services

To begin the process, call the program. During the call, a staff member will ask you to provide information that will be used to conduct a preliminary assessment. Afterward, you will make an intake appointment. During this appointment, your child will be thoroughly evaluated for admission to the program. If admission is granted, you will coordinate a program start date with the staff member.