



# HELP YOUR TEEN GET THE SUPPORT THEY DESERVE

Our Virtual Intensive Outpatient Program offers comprehensive mental health treatment from the comfort and familiarity of home.

Teens ages 11-16 can participate in group therapy sessions multiple times a week, receive medication management and get additional support services—all while staying on track at school.



Call **1-800-INSPIRA** or visit **InspiraHealthNetwork.org/IOP** to learn more and help your teen get back on track.